

Healthcare Directives Education

Presented by U of M Extension
Hosted by Saints Foundation

**NO COST
to attend!**

Tuesday, September 30

6:30-8:00 pm

Shakopee Community Center

1255 Fuller St. S.

Shakopee, MN 55379

This **90 minute** workshop will help you learn the basics about planning for future health care decisions by creating a health care directive.

Through this workshop and related materials, **participants will learn:**

- Decision making rights in times of incapacity.
- Key terms and language involved in advanced care planning.
- The difference between a “living will” and a “health care directive”.
- Information other individuals need to know when someone can’t communicate for themselves.
- Minnesota health care directive policies and practices.
- How to complete a suggested “Health Care Directive” form.
- Common myths and facts about health care directives.
- Strategies for starting conversations about end-of-life issues.

After participating in the workshop, participants are expected to **take one or more of the following actions:**

- Talk with family and health care providers about incapacity and advance care planning.
- Choose and name appropriate health care agent(s).
- Identify and leave instructions and preferences for health care decisions.
- Complete a suggested Minnesota health care directive form.
- Review and update existing plans, decisions, and written documents.
- Talk with aging parents and other family members to understand their wishes and preferences.

RSVP by Tuesday, September 16 to
yvonne.anderson@benedictineliving.org



www.saintsfoundation.org